

**Govt. Nagarjuna P.G. College of Science, Raipur**  
**National Workshop on**  
**Life Skills During the Pandemic: The New Normal**  
**Organized by**  
**Internal Quality Assurance Cell**  
**From 7<sup>th</sup> to 13<sup>th</sup> July, 2021**  
**Programme Schedule**

**07.07.2021 (Day 1)-Inaugural Session**

[click herefor zoom link](#)

02:00 pm onwards	Welcome address by Org. Sec., Dr. Anjali Oudhia
	Inaugural Address by Principal, Dr. Radha Pandey
	About the Workshop by Convener, Dr. Renu Maheshwari
	Introduction of Keynote Speaker, Dr. Suneeta Patra
	<b>Keynote Lecture: <i>Approach to better living: From Today to Tomorrow</i></b> <b>Dr. Aruna Palta</b> <b>Vice Chancellor, Hemchand Yadav University, Durg, C.G.</b>
	Thanks to Keynote Speaker, Dr. Suneeta Patra

**08.07.2021 ( Day 2): Theme- Live in Joy with a Healthy Body and Mind**

[click here for zoom link](#)

02:00 pm to 03:00 pm	<b>Guest Lecture: <i>Secret of a Happy Life - Yoga Naturopathy &amp; Balanced Diet</i></b> <b>Dr. Vivek Bhartiya</b> <b>Director &amp; Chief Medical Officer Aarogya Mandir, Nature Cure &amp; Yoga Institute, Raipur, C.G</b>
03:00 pm to 04:00 pm	<b>Guest Lecture: <i>Mental Health During the Pandemic</i></b> <b>Dr. Amba Sethi</b> <b>Psychiatrist and Counselor, Ekam, Raipur, C.G.</b>

**09.07.2021 ( Day 3): Theme- Virtual Learning Benchmarks**

[click here for zoom link](#)

02:00 pm to 03:00 pm	<b>Guest Lecture: <i>Integrate Teaching and Resource Material via Website</i></b> <b>Dr. S. B. Kishor</b> <b>H. O. D., Computer Science &amp; Head of Centre for Higher Learning and Research Computer Science, Sardar Patel Mahavidyalaya, Chandrapur, M.S.</b>
03:00 pm to 04:00 pm	<b>Guest Lecture: <i>Learning New Teaching-Learning Process: Digital Way</i></b> <b>Dr. Ravindra Vaidya</b> <b>Head, Deptt. of 'MCA MES'</b> <b>Institute of Management and Career Courses, Pune (M.S.)</b>

**10.07.2021 ( Day 4): Theme- Live with Social Commitment and take Responsibility**

[click here for zoom link](#)

02:00 pm to 03:00 pm	<b>Guest Lecture: <i>Commitment: A Road to Social Change</i></b> <b>Dr. Manjeet Bal</b> <b>Senior Program Manager, Foundation of Ecological Security, Raipur (C.G.)</b>
03:00 pm to 04:00 pm	<b>Guest Lecture: <i>Social Commitment: Responsibility and Participation</i></b> <b>Dr. Sapana Sharma Saraswat,</b> <b>Assistant Professor, Department of Sociology,</b> <b>Govt. V. Y. T. P. G. Autonomous College, Durg (C.G.)</b>

<b>11.07.2021 ( Day 5): Theme- Employment</b> <a href="#">click here for zoom link</a>	
02:00 pm to 03:00 pm	<b>Guest Lecture: “How to Create Career Opportunities”</b> <b>Dr. Samir Bajpai, Professor,</b> <b>Civil Engg. &amp; Coordinator, Career Placement Cell, NIT, Raipur, C.G.</b>
03:00 pm to 04:00 pm	<b>Guest Lecture: <i>Entrepreneurship In Times of Covid and Post Covid.</i></b> <b>Dr. Tripti Bhatnagar Managing Director, Codon Biotech. Pvt. Ltd., Noida, U.P.</b>
<b>12.07.2021 ( Day 6): Theme- Live with Values</b> <a href="#">click here for zoom link</a>	
02:00 pm to 03:00 pm	<b>Guest Lecture: ‘Purpose of Life and Goal Setting’ (‘जीवन का उद्देश्य और लक्ष्य’)</b> <b>Shri Surendra Pal</b> <b>Ex- Executive, GAIL, Motivational Speaker, Raipur (C.G.)</b>
03:00 pm to 04:00 pm	<b>Guest Lecture: ‘Purpose and Goals of Education’ (‘शिक्षा का प्रयोजन और लक्ष्य’)</b> <b>Smt. Anita Shah</b> <b>Founder, Abhibhavak Vidyalaya, Motivational Speaker, Raipur (C.G.)</b>
<b>13.07.2021 ( Day 7): Valedictory Session</b> <a href="#">click here for zoom link</a>	
02:00 pm onwards	<b>Guest of Honour: Dr. Nitin M. Nagarkar,</b> <b>Director, AIIMS, Raipur, C.G.</b>
	Introduction of Guest of Honour by Dr. Seema Gupta
	Speech of Guest of Honour
	Thanks to Guest of Honour by Dr. Seema Gupta
	Response Assessment: Dr. Pallavi Sinha / Dr. Sarabjot Kaur Makkad / Dr. Saroj Sharma
	Summary of Workshop by Dr. Anjali Oudhia
	Valedictory Speech by Principal, Dr. Radha Pandey
	Vote of Thanks by Co-Convener Dr. Savita Singh